

# NORTHERN ALBERTA HOCKEY LEAGUE

## U13 AA OPERATING DIRECTIVES

### 100 – Refereeing

- a. The Referee Assignors for the LMHA will do assignment of on ice officials for League games.
- b. Referee and two Linemen will be paid as per the fee schedule defined by Hockey Alberta.

### 101 – Scheduling

- a. Scheduled League games have priority over exhibition and tournament games as provided by the Hockey Alberta Regulations.
- b. Back-to-back games against the same team are not to be scheduled unless necessary.
- c. Each team, by July 15<sup>th</sup> each year, will declare one weekend where they do not wish to have games scheduled for the purposes of traveling to a tournament.
- d. Each member is required to bring to the Annual General Meeting a minimum of 25 game slots per team for scheduling.
- e. The President will have a draft schedule sent to each member and team by August 30<sup>th</sup> and the final schedule completed by the September League meeting.
- f. No games will be scheduled to begin after 6:30 p.m. weeknights (Sunday - Thursday) except for statutory holidays.

### 102 – Playing Rules

- a. The playing rules shall be provided in the official rulebook of Hockey Canada.

### 103 – Tournament, Exhibition and Pre-Season Games

- a. Hockey Alberta is ultimately responsible for granting permission for pre-season, tournament and exhibition games and for the administration of discipline that is necessary arising out of those games.
- b. The Vice President of Discipline will correspond with Hockey Alberta as appropriate regarding NAHL suspensions.
- c. Teams must also obtain League approval for any exhibition games with teams from outside the League.

### 104 – Game Sheets

- a. The home team is responsible for emailing the game sheet and any write-ups to the Vice President of Discipline and the League Statistician within two hours of the completion of the game.
- b. The home team shall complete the game sheet on the website within 24 hours, if not the coach may be suspended.

### 105 – Team Failing to Present Itself

- a. If a team fails to represent itself at the time and place appointed to play a game, the game or series will be awarded to the opposing team with a score of 1-0 for statistical purposes unless the failure was caused by an unavoidable accident or an unforeseen situation.
- b. The Manager, Coach or official and/or players of the team that is responsible for a failure to attend may be suspended for one year or more.

- c. Any team failing to represent itself twice in one season, the Coach, Manager and/or team may be suspended from all League activities for up to 12 months.

#### 106 – Protests

- a. Protests and all **supporting evidence** must be submitted to the President, Vice President of Discipline and Secretary in duplicate signed by the Coach, Manager and an Official of the LMHA within 48 hours of the scheduled time of the game protested and accompanied by a cheque or money order in the amount of \$200. A copy of the protest must also be forwarded by email within 48 hours of the protested game to the Manager and the Association of the team protested.
- b. Upon receipt of the protest, the Vice President of Discipline will appoint a three-person neutral committee in addition to the President.
- c. All protests require that the Vice President of Discipline contact the individual submitting the protest and the Manager of the team being protested.
- d. If the committee (whose decision shall be final) dismisses the protest, the sum deposited with the protest will be forfeited to the League.

#### 107 – Appeals

- a. Appeals to Hockey Alberta must follow the Hockey Alberta appeal procedure after it has followed NAHL protocol.

#### 108 – Discipline Policy for League, Playoff and Tournament Games

- a. For all discipline, the Vice President of Discipline will rule within 48 hours of being notified of an infraction. For the purposes of assistance, the Vice President of Discipline will appoint a three (3) person neutral committee whenever necessary outside League guidelines. (206b).
- b. All suspended players/personnel must be recorded on the game sheet as being suspended.
- c. The home team must email all referee write-ups to the Vice President of Discipline within two hours of the completion of the game.
- d. All automatic suspensions per the Hockey Alberta Regulations, Minor Hockey Minimum Suspensions shall apply to all league games, including playoffs.

In addition to the Hockey Alberta Minimum Suspensions, the League has the option of **increasing** the Hockey Alberta Minimum Suspensions.

Players are not to cross the center ice red line during the pre-game warm-up or before the start of any period. That is, they must stay on their side of center ice. Suspensions may be levied.

- e. Suspensions per the Hockey Alberta Regulations will be carried forward for any Tournament, Playoff and Provincial games.

The League expects Coaches and Team Management to be responsible for the discipline of their team and actions of their fans. Where problems exist, appropriate action will be taken against the Coach in question if deemed necessary. Additionally, Coaches are always expected to exhibit model behavior.

**NOTE: Hockey Alberta Minimum Suspensions are not appealable.**

#### 109 - Additional Rules and Regulations for Coaches

- a. All Coaches suspended for any reason will not be allowed in the dressing room areas for one hour before each suspended game and until after the game's conclusion.

### 110 - League Regional Tournament Division Playoffs

- a. Capital Division – The top ten teams in league play will qualify for the Metro Capital division regional tournament.
- b. Regional Division – The top six teams in league play will qualify for the Metro Regional division regional tournament.
- c. Rural White Division – The top six teams in league play will qualify for the Rural White division regional tournament.
- d. Rural Black Division – The top eight teams in league play will qualify for the Rural North division regional tournament.

The procedure for determining standings in the event teams are tied during League play is as follows:

- i. If teams are tied, the teams will be ranked with the team with the most wins in total League play finishing higher.
  - ii. If teams are still tied, the team with the best win/loss/tie record in games played against each other will finish higher.
  - iii. If still tied after 1 and 2, then the team with the best goal differential in games played amongst each other will finish higher, then fewest goals against, then most goals for, then fewest penalty minutes, all in games amongst each other.
  - iv. If still tied after 1, 2, and 3, then the team with the best goal differential in total League play will finish higher. (i.e. team has 123 goals for and 81 goals against, their differential would be + 42). Final tiebreaker is a coin toss.
- c. Overtime for all regional tournament final games will follow Hockey Canada overtime rules.

### 111 – League Award Selection

- a. The following awards will be awarded annually:
  - o Most Outstanding Goaltender
  - o Top Scorer
- b. Each winner will receive a keeper plaque from the League, which is purchased by the League and distributed by the Vice President of Public Relations.

### 112 – Player Movement

Player eligibility for teams will be as follows:

- a. Hockey Canada guidelines for tampering will be followed.
- b. All teams must input their team roster on the League website a minimum of 24 hours prior to their first league game.
- c. Reference and acknowledge Hockey Alberta Player Movement Regulations.

### 113 – Risk Management

- a. Any injury resulting in a player injured seriously enough require emergency medical attention or to miss more than eight games must be reported to the Vice President of Discipline for information and perhaps insurance purposes, in addition to any Hockey Alberta notification required.
- b. All players while playing any games in the NAHL are strongly encouraged to wear mouth guards.

#### 114– Public Relations

- a. All teams are encouraged to report weekly game results to their local media.

#### 115 – Procedure for Rescheduling and Cancellation of Games

- a. All rescheduling must be made and approved by the President prior to canceling a game.
- b. The President must receive in writing from both teams an email confirming the rescheduled date, time and location. Until received, the game will be considered scheduled in accordance with original schedule. (Appendix 2)
- c. All rescheduled games must be communicated by the President to all League teams via the website.

#### 116 – Responsibilities at Home Games

- a. The home team for League games is responsible to coordinate all on-ice and off-ice officials and will encourage one Referee and two Linesmen do the games.
- b. The home team must provide a scorekeeper, a timekeeper and two penalty box workers for all games.
- c. Charging at the gate is discouraged.
- d. The home team must email all game write-ups and score sheets and associated discipline information to the Vice President of Discipline within 2 hours of the completion of the game.
- e. The home team supplies 25 pucks to each team for pre-game warm up.
- f. The home team must email a copy of the score sheet to the VP of Discipline within two hours of the completion of the game.
- g. The home team must provide a program or line up sheet for each home game.
- h. Teams must shake hands following games unless otherwise instructed by the Referee.

#### 117 – General Administration

- a. Travel permits are required by all teams (as per Hockey Alberta) for all out-of-province tournaments and games.
- b. No League monies shall be used to support any tournament.
- c. Team and League member information will be collected at the Annual General Meeting and the Secretary will distribute this information to all teams by September 15<sup>th</sup> annually.

118 – Schedule

a. Divisions are as follows:

**Metro Conference:**

**Capital Division**

CAC Cutting Edge  
CAC Mercedes Benz Edmonton West  
CAC Sturnie - Hueston  
KC Columbians  
KC Lancers  
MLAC Courville Consulting  
MLAC Pursuit of Motion Physio  
SSAC ATM Wealth  
SSAC Innovation Physio  
SSAC TRAXX Coachlines

**Regional Division**

Sherwood Park Jets  
Sherwood Park Steel Kings  
Spruce Grove Saints  
St. Albert Knights  
St. Albert Stars  
St. Albert Titans

**Rural Conference:**

**Rural White Division**

Beaumont Braves  
Camrose Vikings  
Fort Saskatchewan Rangers  
Leduc Roughnecks  
Strathcona Warriors  
Sturgeon Sting

**Rural Black Division**

Fort McMurray Jr Barons  
Fort St John Flyers  
Grande Peace Boston Pizza Knights  
Grande Peace Minhas Bros Knights  
Lakeland Panthers  
Lloydminster Blazers  
Peace River Colts  
TRAC Wolverines  
Wainwright Polar Kings

119 – Coaching Certification

Hockey Alberta Bylaws & Regulations

For information regarding coach education requirements go to <http://www.hockeyalberta.ca>

**APPENDIX 1**

**NAHL FINANCES REVIEW**

I authorize a complete review of all financial records of the NAHL from:

\_\_\_\_\_ (Date) to \_\_\_\_\_ (Date)

Treasurer's Name: \_\_\_\_\_

I have completed a full investigation of the financial statements of the League and find them in proper order.

Auditing Person(s) – Address and Phone Number

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**APPENDIX 2**

**NAHL RE-SCHEDULED GAME REPORT**

**GAME TO BE CHANGED:**

GAME NO: \_\_\_\_\_

DATE: \_\_\_\_\_

TIME: \_\_\_\_\_

HOME: \_\_\_\_\_

ARENA: \_\_\_\_\_

VISITORS: \_\_\_\_\_

HOME AUTHORIZATION: \_\_\_\_\_

VISITORS AUTHORIZATION: \_\_\_\_\_

**GAME TO BE CHANGED TO:**

GAME NO: \_\_\_\_\_

DATE: \_\_\_\_\_

TIME: \_\_\_\_\_

HOME: \_\_\_\_\_

ARENA: \_\_\_\_\_

VISITORS: \_\_\_\_\_

HOME AUTHORIZATION: \_\_\_\_\_

VISITORS AUTHORIZATION: \_\_\_\_\_

PRESIDENT APPROVAL: \_\_\_\_\_

**Distribution after signing:** President, League Statistician, Team #1, Team #2



## APPENDIX 3

### NAHL BULLYING POLICY

The NAHL is committed to help reduce and prevent the bullying of participants (players, coaches, referees, parents and fans).

Written, verbal, physical and cyber bullying is defined as harmful actions that are communicated via written, spoken or electronic media (the internet, interactive and digital technologies, mobile phones) and are intended to embarrass, humiliate, threaten, harm, or slander another NAHL participant(s). This includes individual players, coaching staff, game officials and teams. They are referred below as 'targets'.

Some examples of the bullying policy are:

- Continually criticizing the target's abilities.
- Blaming the target of the bullying for mistakes.
- Repeated insults or put downs of the target.
- Denying or discounting the targets accomplishment.
- Threats of and actual physical violence toward the target.

Written, verbal, physical and or cyber bullying in the NAHL will be dealt with as per the following (includes players, coaches, parents and fans):

- Information will be gathered from sources pertaining to the incident and reviewed by the League.
- Directors may be called upon for input on an individual basis for certain cases.
- 1st offence under the policy is a 3 game suspension.
- 2nd offence is an indefinite suspension. The player will remain under suspension while the case is investigated and dealt with by the NAHL.

Note: Some types of cyber-bullying may fall within the Criminal code of Canada. Should there be a need for law enforcement involvement, all information will be passed to the local authorities.

## **APPENDIX 4**

### **NAHL HARASSMENT POLICY**

The NAHL does not tolerate players or team officials engaging in verbal taunts, insults, and intimidation towards other players based on discriminatory grounds (race, ethnicity, religion, gender, sexual orientation, language).

This constitutes harassment under Hockey Canada Rule 9.2(f). The NAHL does not accept or condone that harassment is part of the game of hockey. Any player or team official who is guilty of harassment will be issued suspensions above the Hockey Alberta Minimum Suspension Guidelines for the Game Misconduct or Gross Misconduct penalty called for Rule in 9.2(f).

## APPENDIX 5

### NAHL LEAGUE OPERATIONS

- The home team manager will check that referees are present at least 30 minutes before the game start time.
- Penalty boxes shall have an adequate number of people to man all stations such as penalty doors. All persons manning the penalty box/timekeeper stations are expected to act in a professional and impartial manner under the direction of the Referee.
- All players who have been ejected from a game should be escorted by a team representative to the dressing room to prevent further altercations.
- Ejected players or team officials must stay in the arena lobby for the remainder of the game.
- Suspended players or team officials are not permitted in the dressing room, timekeepers/penalty box or within 50 feet of the players' benches during a game.
- Coaches are responsible for the team players and fans. Unsportsmanlike conduct whether on the ice, in the stands or outside the arena will result in a coach suspension being issued.
- In the event of DAMAGE TO THE ARENA before, during or after a game, the coach is responsible for the team. If the individual player or players can be identified, they will be dealt with by the League. If they cannot be identified, the coach is responsible and damages and/or suspensions may be issued.
- Harassment is not acceptable. Referees have been asked to have Zero Tolerance for harassment under the NAHL Harassment Policy.

#### Game sheets

- A Game Sheet is documentation of the game and must show all players and coaches/bench staff present at the game and on the bench.
- If a player or coach/assistant coach/trainer is absent or suspended, mark "ABS" or "SUSP" beside his/her name.
- Mark all Affiliate Players present at the game and on the bench as "AP" next to their name on the game sheet.
- Mark a Substitute Goaltender as a "Substitute Goalie" next to his/her name on the game sheet. Note that Substitute goaltenders are only to be used as back-up and can only play in the game if the team's goalie or affiliate goalie is injured or ejected from the game.
- Only players, affiliate players, and coaches/bench staff listed on your HCR-generated roster may be listed on a game sheet. You should have an up-to-date HCR-generated roster with you at all times.
- Game sheets are to be filled in accurately and legibly. If pre-printed team labels are used, put a label on each page of the game sheet.
- Be sure to enter the proper NAHL game number on the game sheet.
- Use the NAHL Standard Penalty Abbreviations on game sheets.
- Game Misconduct penalties are to be entered on a separate line and shown as 10 minutes.
- Online game summary to be completed by the home team within 24 hours of game being played.
- Game sheets to be emailed by noon of the next business day. Emailed copies are to be sent to the NAHL President, VP Discipline and League Statistician.
- Scan and email is the preferred method of sending a game sheet. If faxing, only the white copy is to be faxed.
- The home team is responsible to give or send a copy of the game sheet and any Referees Reports to the Visiting team by noon of the next business day.

#### Online Game Summary

- Game summary to be completed by the home team within 24 hours of game being played.
- Home team is responsible to ensure that all scoring stats, goaltending stats, and penalties are entered.
- If a team notices a mistake on the game summary, the home team must make the online correction. If advising my email, copy the League Statistician.