

# NORTHERN ALBERTA HOCKEY LEAGUE

## U18 AA OPERATING DIRECTIVES

### 100 – Refereeing

- a. The Referee Assignors for the LMHA will do assignment of on ice officials for League games.
- b. Referee and two Linemen will be paid as per the fee schedule defined by Hockey Alberta.

### 101 – Scheduling

- a. Scheduled League games have priority over exhibition and tournament games as provided by the Hockey Alberta Regulations.
- b. Back-to-back games against the same team are not to be scheduled unless necessary.
- c. Each team, by July 1<sup>st</sup> each year, will declare one weekend where they do not wish to have games scheduled for the purposes of traveling to a tournament.
- d. Each member is required to bring to the Annual General Meeting a minimum of 30 game slots per team for scheduling.
- e. The President will have a draft schedule sent to each member and team by August 30<sup>th</sup> and the final schedule completed by the September League meeting.
- f. No games will be scheduled to begin after 9:00 p.m.

### 102 – Playing Rules

- a. The playing rules shall be provided in the official rulebook of Hockey Canada.

### 103 – Tournament, Exhibition and Pre-Season Games

- a. Hockey Alberta is ultimately responsible for granting permission for pre-season, tournament and exhibition games and for the administration of discipline that is necessary arising out of those games.
- b. The Vice President of Discipline will correspond with Hockey Alberta as appropriate regarding NAHL suspensions.
- c. Teams must also obtain Hockey Alberta approval for any exhibition and tournament games.

### 104 – Game Sheets

- a. The home team is responsible for emailing (**Scan App**) the game sheet and any write-ups to the Vice President of Discipline and the League Statistician within two hours of the completion of the game
- b. The home team shall complete the game sheet on the website within 24 hours, if not the coach may be suspended.

### 105 – Team Failing to Present Itself

- a. If a team fails to represent itself at the time and place appointed to play a game, the game or series will be awarded to the opposing team with a score of 1-0 for statistical purposes unless the failure was caused by an unavoidable accident or an unforeseen situation.
- b. A team failing to represent itself will forfeit the team's one-thousand-dollar bond and will be suspended until the bond is repaid.

- c. The Manager, Coach or official and/or players of the team that is responsible for a failure to attend may be suspended for one year or more.
- d. Any team failing to represent itself twice in one season, the Coach, Manager and/or team may be suspended from all League activities for up to 12 months.

#### 106 – Protests

- a. Protests and all **supporting evidence** must be submitted to the President, Vice President of Discipline and Secretary in duplicate signed by the Coach, Manager and an Official of the LMHA within 48 hours of the completion of the game protested. All documentation must be accompanied by a money order in the amount of \$300 and delivered to the VP Discipline within the 48-hour time frame. A copy of the protest must also be forwarded by email within 48 hours of the protested game to the Manager and the Association of the team protested against.
- b. Upon receipt of the protest, the Vice President of Discipline will appoint a three-person neutral committee in addition to the President.
- c. All protests require that the Vice President of Discipline contact the individual submitting the protest and the Manager of the team being protested against.
- d. If the committee (whose decision shall be final) dismisses the protest, the sum deposited with the protest will be forfeited to the League.

#### 107 – Appeals

- a. Appeals to Hockey Alberta must follow the Hockey Alberta appeal procedure after it has followed NAHL protocol.

#### 108 – Discipline Policy for League and Playoff Games

- a. For all discipline, the Vice President of Discipline will rule within 48 hours of being notified of an infraction. For the purposes of assistance, the Vice President of Discipline will appoint a three (3) person neutral committee whenever necessary outside League guidelines. (106b).
- b. All suspended players/personnel must be recorded on the game sheet as being suspended.
- c. The home team must email (**Scan App**) all referee write-ups to the Vice President of Discipline within 2 hours of the completion of the game.
- d. All automatic suspensions per the Hockey Alberta Regulations, Minor Hockey Minimum Suspensions shall apply to all league games, including playoffs.

In addition to the Hockey Alberta Minimum Suspensions, the League has the option of **increasing** the Hockey Alberta Minimum Suspensions.

Players are not to cross the center ice red line during the pre-game warm-up or before the start of any period. That is, they must stay on their side of center ice. Suspensions may be levied.

- e. Suspensions per the Hockey Alberta Regulations will be carried forward for any Tournament, Playoff and Provincial games.

The League expects Coaches and Team Management to be responsible for the discipline of their team and actions of their fans. Where problems exist, appropriate action will be taken against the Coach in question if deemed necessary. Additionally, Coaches are always expected to exhibit model behaviour.

**NOTE: Hockey Alberta Minimum Suspensions are not appealable.**

### 109 – League Regional Tournament Division Playoffs

- a. **Anderson Hockey Division:** The top five teams in league play will qualify for the division regional tournament.
- b. **BESA Hockey Division:** The top seven teams in league play will qualify for the division regional tournament.
- c. **Canacom Division:** The top six teams in league play will qualify for the division regional tournament.
- d. **Milltech Group Division:** The top five teams in league play will qualify for the division regional tournament.

The procedure for determining standings in the event teams are tied during League play is as follows:

- a. If teams are tied, the teams will be ranked with the team with the most wins in total league play finishing higher.
- b. If teams are still tied, the team with the best win/loss/tie record in games played against each other will finish higher.
- c. If still tied after 1 and 2, then the team with the best goal differential in games played amongst each other will finish higher, then fewest goals against, then most goals for, then fewest penalty minutes, all in games amongst each other.
- d. If still tied after 1, 2, and 3, then the team with the best goal differential in total League play will finish higher. (i.e. team has 123 goals for and 81 goals against, their differential would be + 42). Final tiebreaker is a coin toss.
- e. The team with the best standing in league play will always have venue.

### 110 – League Award Selection

- a. The following awards will be awarded annually:
  - i) Top Goaltender
  - ii) Top Scorer
- b. Each winner will receive a keeper plaque from the League which is purchased by the League and distributed by an official of the League or a League Sponsor.

### 111 – Player Movement

Player eligibility for teams will be as follows:

- a. Edmonton based teams must follow their respective policies.
- b. Hockey Canada guidelines for tampering will be followed.
- c. All teams must input their team roster on the League website a minimum of 24 hours prior to their first league game.

- d. Reference and acknowledge Hockey Alberta Player Movement Regulations.

#### 112 – Risk Management

- a. Any injury resulting in a player injured seriously enough require emergency medical attention or to miss more than eight games must be reported to the Vice President of Discipline for information and perhaps insurance purposes, in addition to any Hockey Alberta notification required.
- b. All players while playing any games in the NAHL are encouraged to wear mouth guards.

#### 113 – Public Relations

- a. All teams are encouraged to report weekly game results to their local media's.

#### 114 – Procedure for Rescheduling and Cancellation of Games

- a. All rescheduling must be made prior to cancelling a game.
- b. The President must receive in writing from both teams an email confirming the rescheduled date, time and location. Until received, the game will be considered scheduled in accordance with original schedule. (Appendix 2)
- c. All rescheduled games must be communicated by the League President to all League teams via the website.

#### 115 – Responsibilities at Home Games

- a. The home team for League games is responsible to coordinate all on-ice and off-ice officials and will ensure Referee and two Linesman do the games.
- b. The home team must provide a scorekeeper, a timekeeper and two penalty box workers for all games.
- c. Charging at the gate is discouraged.
- d. The home team must email (**Scan App**) all game write-ups and score sheets and associated discipline information to the Vice President of Discipline within 2 hours of the completion of the game.
- e. The home team supplies 25 pucks to each team for pre-game warm up.
- f. The home team must email (**Scan App**) a copy of the score sheet to the League Statistician and VP of Discipline within 2 hours of the completion of the game.
- g. The home team must provide a program and a line up sheet for each home game and includes all **League Sponsors**.
- h. The home team must provide ice for a minimum ten minute warm-up before each game, 25 pucks supplied, ice cleaning between each period, and ice for full three twenty stop periods.

#### 116 – General Administration

- a. Travel permits are required by all teams (as per Hockey Alberta) for all out-of-province tournaments and games.
- b. No League monies shall be used to support any tournament.
- c. Team and League member information will be collected at the Annual General Meeting and the Secretary will distribute this information to all teams by September 15<sup>th</sup> annually.

## 117 – Schedule

a. Divisions are as follows:

### **METRO NORTH CONFERENCE**

#### **Anderson Hockey Division**

Edmonton CAC Butchers & Packers  
Edmonton KC Colts  
Edmonton MLAC Beverly Optimist Club  
Edmonton SSAC Canadian Brewhouse  
Edmonton SSAC Don Wheaton

#### **BESA Hockey Division**

Fort Saskatchewan Rangers  
Leduc Roughnecks  
PAC GS Construction Saints  
Sherwood Park Oilers  
St Albert Steel  
St Albert Crusaders  
Sturgeon Sting

### **RURAL NORTH CONFERENCE**

#### **Canacom Division**

Beaumont Braves  
Camrose Vikings  
Lakeland Panthers  
Lloydminster Sobeys Blazers  
Strathcona Warriors  
Wainwright Polar Kings

#### **Milltech Group Division**

Fort McMurray Barons  
Grande Prairie Storm  
NEBC Yukon Trackers  
Peace River Royals  
TRAC Wolverines

## 118 – Coaching Certification

Hockey Alberta Bylaws & Regulations

For information regarding coach education requirements go to <http://www.hockeyalberta.ca>

**APPENDIX 1**

**NAHL FINANCES REVIEW**

I authorize a complete review of all financial records of the NAHL from:

\_\_\_\_\_ (Date) to \_\_\_\_\_ (Date)

Treasurer's Name: \_\_\_\_\_

I have completed a full investigation of the financial statements of the League and find them in proper order.

Auditing Person(s) – Address and Phone Number

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**APPENDIX 2**

**RESCHEDULED GAME REPORT**

**GAME TO BE CHANGED:**

GAME NO: \_\_\_\_\_

DATE: \_\_\_\_\_

TIME: \_\_\_\_\_

HOME: \_\_\_\_\_

ARENA: \_\_\_\_\_

VISITORS: \_\_\_\_\_

HOME AUTHORIZATION: \_\_\_\_\_

VISITORS AUTHORIZATION: \_\_\_\_\_

**GAME TO BE CHANGED TO:**

**ALL GAMES TO BE CHANGED & PLAYED PRIOR THE ABOVE DATE OF GAME**

GAME NO: \_\_\_\_\_

DATE: \_\_\_\_\_

TIME: \_\_\_\_\_

HOME: \_\_\_\_\_

ARENA: \_\_\_\_\_

VISITORS: \_\_\_\_\_

HOME AUTHORIZATION: \_\_\_\_\_

VISITORS AUTHORIZATION: \_\_\_\_\_

PRESIDENT APPROVAL: \_\_\_\_\_

**Distribution after signing:** President, League Statistician, Team #1, Team #2

## APPENDIX 3

### NAHL BULLYING POLICY

The NAHL is committed to help reduce and prevent the bullying of participants (players, coaches, referees, parents and fans).

Written, verbal, physical and cyber bullying is defined as harmful actions that are communicated via written, spoken or electronic media (the internet, interactive and digital technologies, mobile phones) and are intended to embarrass, humiliate, threaten, harm, or slander another NAHL participant(s). This includes individual players, coaching staff, game officials and teams. They are referred below as 'targets'.

Some examples of the bullying policy are:

- Continually criticizing the target's abilities.
- Blaming the target of the bullying for mistakes.
- Repeated insults or put downs of the target.
- Denying or discounting the targets accomplishment.
- Threats of and actual physical violence toward the target.

Written, verbal, physical and or cyber bullying in the NAHL will be dealt with as per the following (includes players, coaches, parents and fans):

- Information will be gathered from sources pertaining to the incident and reviewed by the League.
- Directors may be called upon for input on an individual basis for certain cases.
- 1st offence under the policy is a 3 game suspension.
- 2nd offence is an indefinite suspension. The player will remain under suspension while the case is investigated and dealt with by the NAHL.

**Note:** Some types of cyber-bullying may fall within the Criminal code of Canada. Should there be a need for law enforcement involvement, all information will be passed to the local authorities.

## **APPENDIX 4**

### **NAHL HARASSMENT POLICY**

The NAHL does not tolerate players or team officials engaging in verbal taunts, insults, and intimidation towards other players based on discriminatory grounds (race, ethnicity, religion, gender, sexual orientation, language).

This constitutes harassment under Hockey Canada Rule 9.2(f). The NAHL does not accept or condone that harassment is part of the game of hockey. Any player or team official who is guilty of harassment will be issued suspensions above the Hockey Alberta Minimum Suspension Guidelines for the Game Misconduct or Gross Misconduct penalty called for Rule in 9.2(f).

## APPENDIX 5

### NAHL JERSEY REVERSAL POLICY

Please accept this notice as a formal reminder of the **JERSEY REVERSAL POLICY** used by the Northern Alberta Hockey League.

Each team must have at least two (2) sets of uniforms, one white and one dark. The white set is to be used for all home games prior to January 1st of each year. From January 1<sup>st</sup> until the completion of the regular season, the dark uniforms will be used for all home games.

In post season play (playoffs) teams will return to the original uniform that being the white uniforms for all home games and dark uniforms for away games.

The **rational** for this is that people that only watch home games (parents excluded) only see the one color. Now the other color comes into play, plus also any advertising that the uniforms have on them. Adds a little class.

## APPENDIX 6

### NAHL LEAGUE OPERATIONS

1. Penalty boxes should have an adequate number of people (4) to man all stations. The home team must provide a scorekeeper, a timekeeper and two penalty box workers for all games. National Anthem if possible.
2. Any or all players who have been ejected from the game should be escorted by a team representative to the dressing room to prevent any further altercations between players, who may have had a fight or any other heated exchanges.
3. **Suspended** players or Team personal are not permitted in the dressing room, before, during or after the game until their suspension is completed. They may not be within 50 feet of the players benches during the game. Once the suspension is complete, they may enter the dressing room after the game.
4. In the event of **DAMAGE TO THE ARENA** before, during, or after the game, the coach is responsible for the team. If the individual player or players causing the damage can be identified, they will be dealt with by the league. If they cannot be identified, the coach will be dealt with, damages and suspension could occur.
5. Game sheets are to be **PRINTED** and must include first and last names. Starting goalie first and rest of team. Low uniform numbers to high numbers. Stickers can be used. Players serving a suspension must be listed and marked "**Susp**". Be sure to enter the proper game number. Game sheet signed by coaches. Email (**Scan App**) the Game Sheet **PROMPTLY**. This is the only way we can keep the results current.
6. Hockey Alberta Official Team Rosters must be sent to Hockey Alberta by the **first league game**. Players are not covered by insurance until they are properly registered, as per Hockey Alberta regulations. This is done electronically. Copies of all team registrations must be **E-MAILED** into the league right after **Hockey Alberta. Hockey Canada Registration (HCR)**.
7. Affiliations must be into Hockey Alberta by December 15 of each year. Either team sheet or INDIVIDUAL affiliations. A copy of this must be sent into the league right after Hockey Alberta. This is also done electronically with the above.
8. Home Team- All game sheets **MUST** be emailed (**Scan App**) within 2 Hours of the completion of hockey game (**preferably right after the game**) plus the score should be inputted into the web.

## APPENDIX 7

### NAHL ANDERSON HOCKEY DIVISION

#### PLAYOFF OVERTIME RULES

##### PLAYOFFS:

Semi-Finals & Finals. Only this division.

- Five (5) minute overtime period. This is 5 on 5 hockey. Teams stay in the same end.
- If still tied, 5 man shootout per side.
- If still tied, then new shooters carry on for **sudden victory**. (Ex. "A" team scores, then "B" team does not score. Game Over, "A" team wins.)

\* If either team declines to play in the necessary overtime period or periods, the game shall be declared a loss for that team. The above overtime is "**ONLY**" played within this division.

**NOTE:** Blue, White and Black Divisions will all play overtime according to Hockey Canada rule, "Tied Game". **Division winners** will also play according to this rule.

## APPENDIX 8

### NAHL PLAYOFF TRAVEL

**PLAYOFF TRAVEL:** 300 kms. is to be used for travel for all playoffs.

- If a team is over the 300 kms. that team must travel to the higher seeded team and play all 3 games at that center. Costs will be covered by the higher seeded team here. The higher seeded team will be the home team for Games # 1 & 3. The lower seeded team will be the home team for Game # 2. Two sets of uniforms will be required. This applies to the best 2 out of 3 series. If the kms. don't apply, then home and home will then be played between the 2 teams.
- The NAHL FINALS are a best 3 out of 5 series. The finals will consist of the first three games (#1, 2, 3) to be played at the arena of the higher seeded team. Costs will be covered by the higher seeded team here. The last two games (# 4 & 5) will be played at the arena of the lower seeded team. Costs will be covered by the lower seeded team here. The higher seeded team will be the home team for Games # 1, 3 & 5. The lower seeded team will be the home team for Games # 2 & 4. This is where the 300 kms. comes into effect. Two sets of uniforms will be required. If the kms. don't apply, then home and home will then be played between the two teams.

**COST EXAMPLES:** Arena, officials and minor officials in the penalty box.

**APPENDIX 9****NAHL WEBSITE/GAMESHEET PENALTY ABBREVIATIONS****Website/Gamesheet Penalty Abbreviations**

AGGRESSOR	AGGR
BENCH PENALTY	BENCH
BOARDING	BOARD
BUTT-ENDING	BUTT
CROSS CHECKING	CCK
CHECKING FROM BEHIND	CFB
CHARGING	CHARGE
DELAY OF GAME	DELAY
ELBOWING	ELBOW
FIGHTING	FIGHT
GAME EJECTION (Three Stick infractions. Zero penalty minutes)	EJECT
GOALTENDER INTERFERNCE	GINT
GAME MISCONDUCT	GMISC
GROSS MISCONDUCT	GROSS
HEAD CONTACT	HEAD
HANDLING PUCK	HNDPUCK
HIGH STICK	HISTK
HOLDING STICK	HLDSTK
HOLDING	HOLD
HOOKING	HOOK
ILLEGAL EQUIPMENT (NECKGUARDS, BROKEN STICK)	ILLEGAL
INSTIGATOR	INSTIG
INTERFERENCE	INT
KNEEING	KNEE
MATCH PENALTY	MATCH
MISCONDUCT	MISC
PENALTY SHOT	PSHOT
ROUGHING AFTER THE WHISTLE	RAW
ROUGHING	ROUGH
SLASHING	SLASH
SLEW FOOTING	SLEW
SPEARING	SPEAR
TOO MANY MEN	TMM
TRIPPING	TRIP
UNSPORTMANLIKE CONDUCT	USC