

APPENDIX "VIII"
MINIMUM SUSPENSIONS

RULE #	INFRACTION	SUSPENSION LENGTH			
		MINOR	JUNIOR MALE	SR./JR. FEMALE	SENIOR MALE
<i>Minimum Suspensions for Players</i>					
Any Player or Team Official who, in the last ten (10) minutes of regular time, at any time in overtime, or at the conclusion of the game and prior to the Player or Team Official entering his/her dressing room, is assessed a Minor Penalty and a Game Misconduct, a Major and a Game Misconduct, or any other infraction resulting in a Game Misconduct or Gross Misconduct, shall automatically be suspended for a minimum of the next regular League / Playoff / Pre-Season / Tournament / Provincial Game. This is in addition to any other suspensions directed by HA Minimum Suspensions.					
3.6	<i>Removing Helmet Infractions</i> Any player who removes their chinstrap before or during a fight and a Game Misconduct is assessed. If a player removes his/her helmet and releases the chinstrap to fight, and the opposing player does not, and the former is assessed an additional two minute minor penalty and a Game Misconduct. If the player removes his/her opponent's helmet or releases the chinstrap before or during a fight. Game Misconduct is assessed.	1 Game 1 Game 1 Game	1 Game 1 Game 1 Game	1 Game 1 Game 1 Game	1 Game 1 Game 1 Game
4.1	<i>Pre/Post Game Altercations</i> Any Player involved where Majors, Game Misconducts and Match Penalties are assessed. Any Team involved in a pre or post game brawl.	2 Games Indefinite	1 Game Indefinite	2 Games Indefinite	1 Game (Max 5/Team) Indefinite
4.6	<i>Game Ejection/Game Misconduct</i> A Player assessed two (2) Game Misconducts in the same stoppage of play. A player assessed three (3) or more Game Misconducts in the same stoppage of play.	N/A N/A	N/A N/A	N/A N/A	1 Game Indefinite
4.7	<i>Gross Misconduct</i>	2 Games	2 Games	2 Games	2 Games
6.1	<i>Attempt to Injure (Match)</i>				
(a)	Deliberate Injury	Indefinite	Indefinite	Indefinite	Indefinite
(b)	Head Butting	2 Games	2 Games	3 Games	2 Games
(c)	Kicking	3 Games	2 Games	3 Games	2 Games
(d)	Hair Pulling / Grabbing Equipment	3 Games	2 Games	3 Games	2 Games
(e)	Using Facial Protector as a Weapon	3 Games	2 Games	2 Games	2 Games
	Kneeing	3 Games	N/A	3 Games	N/A
	Use of Blocker	3 Games	3 Games	3 Games	3 Games
6.2	<i>Boarding and Body Checking</i> Boarding or Body Checking where a five (5) minute major penalty plus a Game Misconduct is assessed. Boarding or Body Checking when a Match penalty is assessed.	1 Game 3 Games	N/A N/A	1 Game 3 Games	N/A N/A

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6.3	Charging Charging where a five (5) minute major penalty plus a Game Misconduct is assessed.	1 Game	N/A	1 Game	N/A
	Charging when a Match penalty is assessed.	3 Games	N/A	3 Games	N/A
6.4	Checking from Behind Checking from behind where a five (5) minute major penalty plus a Game Misconduct is assessed.	1 Game	1 Game	1 Game	1 Game
	Checking from behind when Match penalty is assessed.	4 Games	4 Games	4 Games	2 Games
6.5	Head Contact Head Contact where a five (5) minute major penalty plus a Game Misconduct is assessed.	1 Game	1 Game	1 Game	1 Game
	Head Contact when Match penalty is assessed.	4 Games	4 Games	4 Games	2 Games
6.6	Elbowing and Kneeing Elbowing or Kneeing where a five (5) minute major penalty plus a Game Misconduct is assessed.	1 Game	N/A	1 Game	N/A
6.7	Fighting				
	Any player who engages in their 1 st fight in a season. Game Misconduct is assessed.	1 Game	N/A	1 Game	N/A
	Any player who engages in their 2 nd fight in a season. Game Misconduct is assessed.	2 Games	N/A	2 Games	N/A
	Any player who engages in their 3 rd fight in a season. Game Misconduct is assessed.	Indefinite	1 Game	Indefinite	1 Game
	Any player who engages in their 4 th fight in a season. Game Misconduct is assessed.	N/A	2 Games	N/A	2 Games
	Any player who engages in their 5 th fight in a season. Game Misconduct is assessed.	N/A	3 Games	N/A	3 Games
	Any player who engages in their 6 th fight in a season. Game Misconduct is assessed.	N/A	Indefinite	N/A	Indefinite
	Instigator or Aggressor of a Fight.				
	First Offence	1 Game	Game Misc.	Game Misc.	Game Misc.
	Second Offence	2 Games	1 Game	1 Game	1 Game
	Third Offence	3 Games	3 Games	3 Games	3 Games
Any Player wearing a ring or rings, tape or any other material on his/her hands who becomes involved in a fight and who uses such to gain an advantage or to inflict punishment and/or injury shall be assessed a Match Penalty in addition to any other penalties he/she may incur.	2 Games	2 Games	2 Games	2 Games	
Third man in a fight that is assessed a Game Misconduct.	2 Games	1 Game	2 Games	1 Game	
Any Player receiving a fighting major and Game Misconduct penalty which is a result of a second or subsequent fight during the same stoppage of play.	2 Game	1 Game	2 Games	1 Game	

RULE #	INFRACTION	SUSPENSION LENGTH			
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7.4	Tripping Slew Footing / Tripping where a five (5) minute major penalty plus a Game Misconduct is assessed.	1 Game	N/A	1 Game	N/A
8.1	Butt Ending Butt Ending where a Match penalty is assessed.	3 Games	2 Games	2 Games	2 Games
8.2	Cross Checking Cross Checking where a five (5) minute major penalty plus a Game Misconduct is assessed. Cross Checking where a Match penalty is assessed.	1 Game 3 Games	N/A 2 Games	1 Game 2 Games	N/A 2 Games
8.3	High Sticking High Sticking where a Match penalty is assessed.	3 Games	2 Games	2 Games	2 Games
8.4	Slashing Slashing where a five (5) minute major penalty plus a Game Misconduct is assessed. Slashing where a Match penalty is assessed.	1 Game 3 Games	N/A 2 Games	1 Game 2 Games	N/A 2 Games
8.5	Spearing Spearing where a Match penalty is assessed.	3 Games	2 Games	3 Games	2 Games
9.2	Harassment of Officials/Unsportsmanlike Conduct Verbal Abuse of Officials or Unsportsmanlike Conduct when a Game Misconduct is assessed. Verbal taunts, insults or intimidation based on discriminatory grounds (race, ethnicity, religion, gender, sexual orientation, language) when a Gross Misconduct is assessed.	2 Games Indefinite	1 Game Indefinite	2 Games Indefinite	1 Game Indefinite
9.5	Leaving a bench for the Purpose of Fighting Any player identified as the first to leave the players' bench during a fight or for the purpose of fighting. Any player identified as the first to leave the penalty bench during a fight or for the purpose of fighting.	3 Games 4 Games	2 Games 3 Games	3 Games 4 Games	2 Games 3 Games
9.6	Physical Harassment of Official (Match) Threaten or attempt to strike Intentionally touches, holds or pushes Intentionally strike, trip or body check	Indefinite (6-10 games)* Indefinite (11-30 games)* Indefinite (1 Year)*	Indefinite (6-10 games)* Indefinite (11-30 games)* Indefinite (1 Year)*	Indefinite (6-10 games)* Indefinite (11-30 games)* Indefinite (1 Year)*	Indefinite (6-10 games)* Indefinite (11-30 games)* Indefinite (1 Year)*
* Length of suspension may be within the identified range.					
9.7	Spitting (Match) Spitting on or at an Official or Team Official Spitting on or at an Opponent	Indefinite 3 Games	Indefinite 2 Games	Indefinite 2 Games	Indefinite 2 Games

Accumulation Sanctions for Minor and Female Hockey Players

Players that are assessed multiple infractions of the same nature over the course of the season will also be assessed additional suspensions in accordance with the following listing.

Any player accumulating 2 Major penalties in the same season for a violation any of the following:

6.2	Boarding or Body Checking	6.6	Elbowing or Kneeing	2 Games
6.3	Charging	7.4	Tripping	
6.4	Checking from Behind	8.2	Cross-Checking	
6.5	Head Contact	8.4	Slashing	

Any player accumulating 3 Major penalties in the same season for a violation of any of the following:

6.2	Boarding or Body Checking	6.6	Elbowing or Kneeing	4 Games
6.3	Charging	7.4	Tripping	
6.4	Checking from Behind	8.2	Cross-Checking	
6.5	Head Contact	8.4	Slashing	

Any player accumulating 4 Major penalties in the same season for a violation of any of the following:

6.2	Boarding or Body Checking	6.6	Elbowing or Kneeing	Indefinite
6.3	Charging	7.4	Tripping	
6.4	Checking from Behind	8.2	Cross-Checking	
6.5	Head Contact	8.4	Slashing	

Any player accumulating 2 Match penalties in the same season for a violation of any of the following:

6.1	Deliberate Injury			4 Games
6.2	Boarding or Body Checking			
6.3	Charging			

Any player accumulating 2 Match penalties in the same season for a violation of any of the following:

6.4	Checking from Behind			5 Games
6.5	Head Contact			

Any player accumulating 3 Match penalties in the same season for a violation of any of the following:

6.1	Deliberate Injury	6.4	Checking from Behind	Indefinite
6.2	Boarding or Body Checking	6.5	Head Contact	
6.3	Charging			

Any player who receives two (2) Game or Gross Misconducts under rule 9.2 in a season.

4 Games

Any player who receives three (3) Game or Gross Misconducts under rule 9.2 in a season.

Indefinite

RULE #	INFRACTION	SUSPENSION LENGTH			
		MINOR	JUNIOR MALE	SR./R. FEMALE	SENIOR MALE
<i>Minimum Suspensions for Coaches</i>					
Any Player or Team Official who, in the last ten (10) minutes of regular time, at any time in overtime, or at the conclusion of the game and prior to the Player or Team Official entering his/her dressing room, is assessed a Minor Penalty and a Game Misconduct, a Major and a Game Misconduct, or any other infraction resulting in a Game Misconduct or Gross Misconduct, shall automatically be suspended for a minimum of the next regular League / Playoff / Pre-Season / Tournament / Provincial Game. This is in addition to any other suspensions directed by HA Minimum Suspensions.					
1.9	<i>Ineligible Players/Team Officials</i>				
2.2	Team official who is party to or had knowledge of playing a Player not properly registered with that team or properly affiliated to that team and/or allowing a Team Official who is not properly registered to that team to participate on the bench.	Indefinite	Indefinite	Indefinite	Indefinite
	Team official who is party to or had knowledge of playing a player or allows a Team Official to participate on the bench who is under suspension.	Indefinite	Indefinite	Indefinite	Indefinite
4.1	<i>Pre/Post Game Altercations</i>				
	Coach of the Team whose Player(s) are assessed Majors, Game Misconducts or Match Penalties during an altercation prior to or after the game.	Indefinite	3 Games	Indefinite	3 Games
	Any Team involved in a pre or post game brawl.	Indefinite	Indefinite	Indefinite	Indefinite
6.7	The coach of the Team whose player is penalized for a third offence of Instigator or Aggressor	N/A	N/A	N/A	3 Games
9.2	<i>Harassment of Officials/Unsportsmanlike Conduct</i>				
	Verbal Abuse of Officials or Unsportsmanlike Conduct when a Game Misconduct is assessed.	2 Games	1 Game	2 Games	1 Game
	Verbal taunts, insults or intimidation based on discriminatory grounds (race, ethnicity, religion, gender, sexual orientation, language) when a Gross Misconduct is assessed.	Indefinite	Indefinite	Indefinite	Indefinite
9.5	The Coach of the team whose player is penalized for leaving the players bench or penalty box during a fight or for the purpose of fighting.	3 Games	3 Games	3 Games	2 Games
	The Coach of the team whose player left the players bench or penalty box during a fight or for the purpose of fighting but was not identified as the first to leave during the altercation.	1 Game	1 Game	1 Game	1 Game
9.6	<i>Physical Harassment of Official (Match)</i>				
	Threaten or attempt to strike an Official	Indefinite (6-10 games)*	Indefinite (6-10 games)*	Indefinite (6-10 games)*	Indefinite (6-10 games)*
	Intentionally touches, holds or pushes an Official	Indefinite (11-30 games)*	Indefinite (11-30 games)*	Indefinite (11-30 games)*	Indefinite (11-30 games)*
	Intentionally strike, trip or body check an Official	Indefinite (1 Year)*	Indefinite (1 Year)*	Indefinite (1 Year)*	Indefinite (1 Year)*
* Length of suspension may be within the identified range.					
9.7	<i>Spitting (Match)</i>				
	Spitting on or at an Official or Team Official	Indefinite	Indefinite	Indefinite	Indefinite
	Spitting on or at an Opponent	3 Games	2 Games	2 Games	2 Games
10.14	<i>Refusing to Start Play</i>	Indefinite	Indefinite	Indefinite	Indefinite

Accumulation Sanctions for Minor and Female Hockey Coaches

Coaches that are assessed multiple infractions of the same nature over the course of the season will also be assessed additional suspensions in accordance with the following listing.

The Coach of any Team that receives a combination of three (3) Major (including Fighting) or Match penalties in the same game.	1 Game
The Coach of any Team that commits a second violation of receiving a combination of three (3) Major (including Fighting) or Match penalties in the same game.	3 Games
The Coach of any Team that commits a third violation of receiving a combination of three (3) Major (including Fighting) or Match penalties in the same game.	Indefinite
Any Coach who receives two (2) Game or Gross Misconducts under rule 9.2 in a season.	4 Games
Any Coach who receives three (3) Game or Gross Misconducts under rule 9.2 in a season.	Indefinite